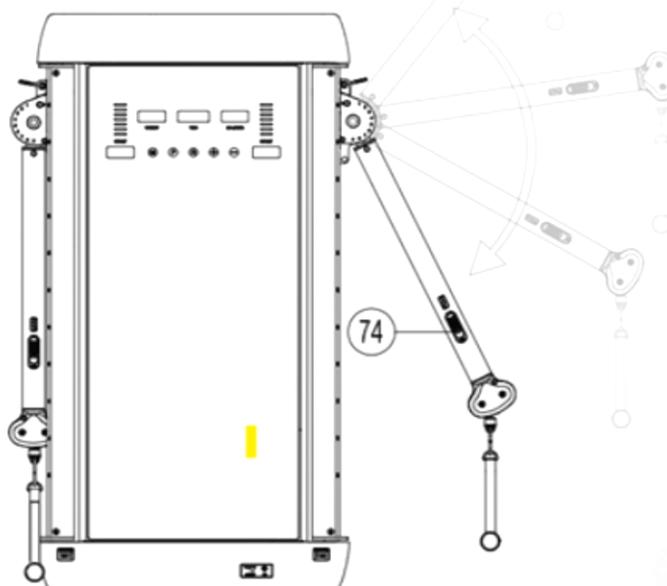
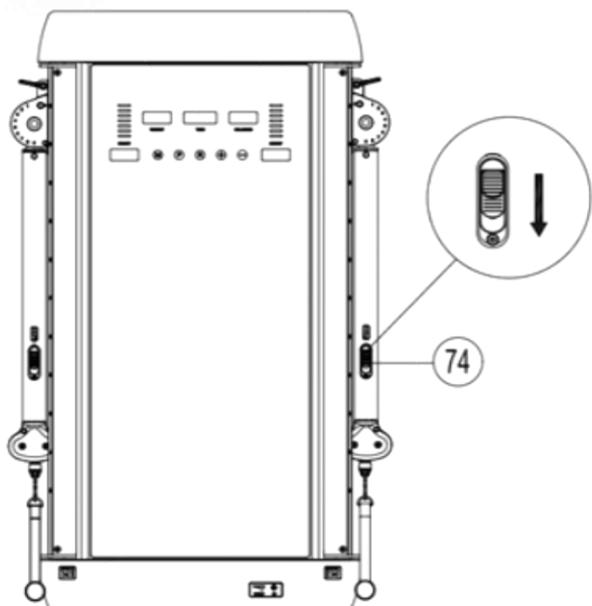
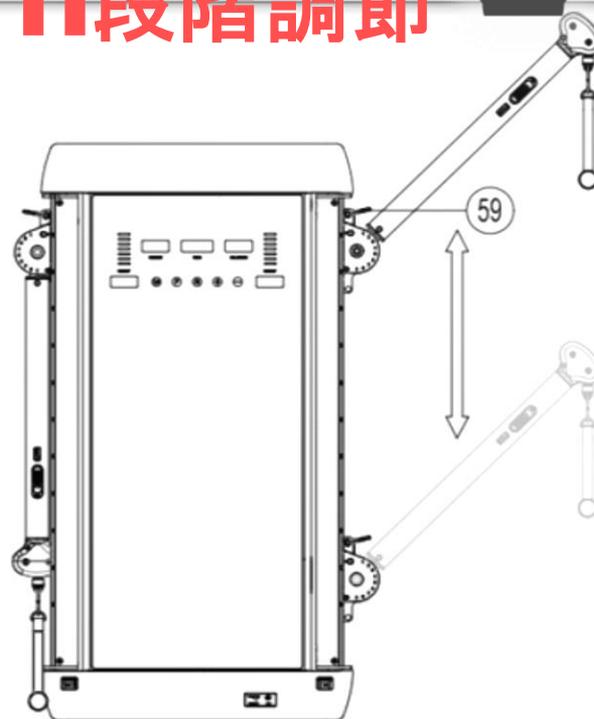
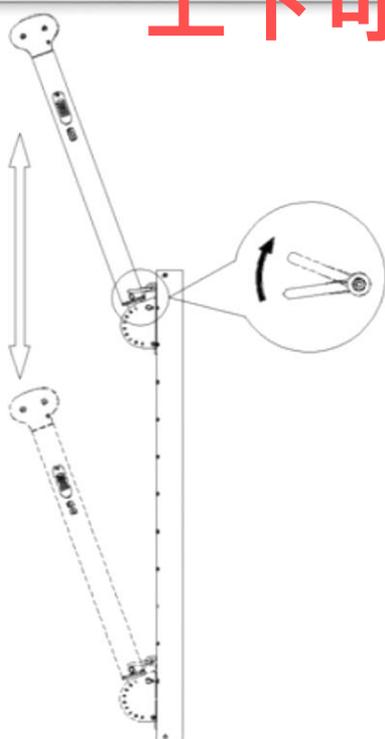




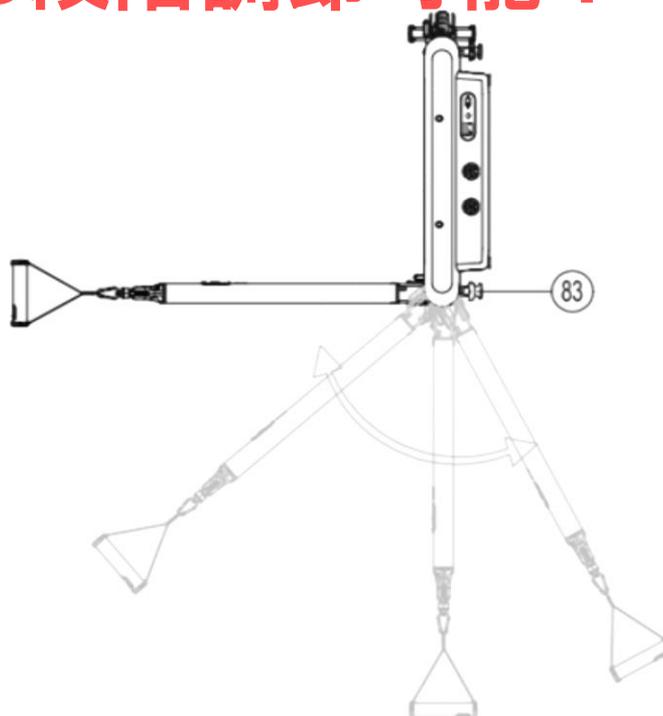
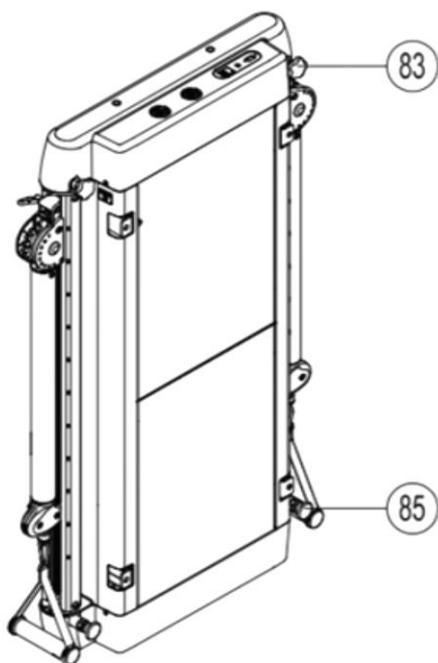
可動域角度：0—160°（9段階）



上下可動域：11段階調節



水平可動域：5段階調節可能！



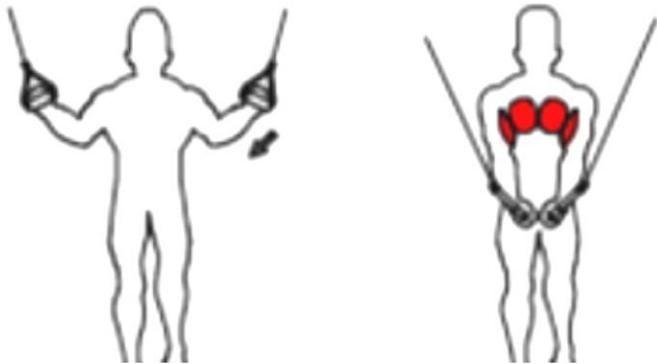
8種類の代表的トレーニング



Lat pull down



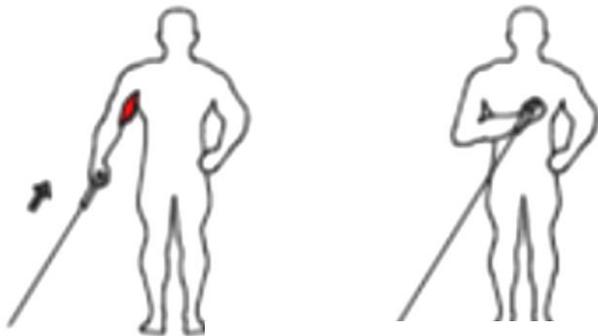
Rowing



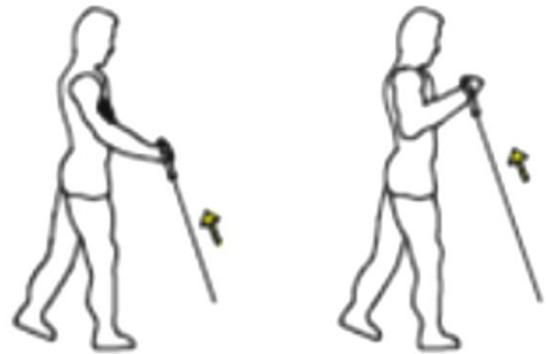
Cable cross over



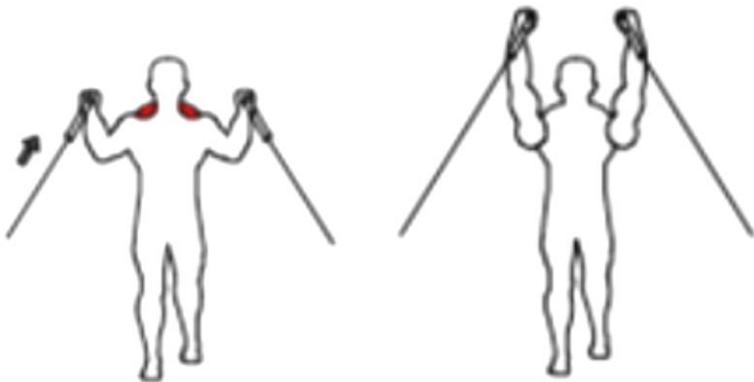
Cable push down



Bicep curl



Arm curl



Shoulder press



Abdominal